

# STEROID LADDER<sup>©</sup>

To be used in conjunction with the latest local formulary, BNF, BNFc and the Tier Two Eczema and Psoriasis Guidelines (Available from the Intranet)

## GMMMG Formulary

## Alternative if formulary options unsuccessful / unsuitable

### Very Potent

- <sup>1</sup> **Dermovate** (clobetasol propionate 0.05%)
- <sup>1</sup> **Nerisone Forte** (diflucortolone valerate 0.3%)
- <sup>1</sup> **Etrivex Shampoo** (clobetasol propionate 0.05%)

- Halciderm Topical** (halcinonide 0.1%)
- Clarelux Foam** (clobetasol propionate 0.05%)
- With antifungal & antibacterial**
- Clobetasol Propionate 0.05%, Neomycin Sulfate 0.5%, Nystatin 100,000 units/g**

DO NOT USE ON:

- Face
- Groins
- Armpits
- Genitals
- Children
- Psoriasis

### Potent

- <sup>1</sup> **Betnovate** (betamethasone (as valerate) 0.1% in a water miscible basis)
- <sup>1</sup> **Betacap** (betamethasone (as valerate) 0.1% containing coconut oil derivative)
- <sup>2</sup> **Elocon** (mometasone furoate 0.1%)
- <sup>2</sup> **Locoid** (hydrocortisone butyrate 0.1%)
- <sup>2</sup> **Synalar** (fluocinolone acetonide 0.025%)

- Bettamousse** (betamethasone valerate 0.12%)
- Cutivate** (fluticasone propionate 0.05%)
- Diprosone** (betamethasone (as dipropionate) 0.05%)
- Metosyn** (fluocinonide 0.05%)
- Nerisone** (diflucortolone valerate 0.1%)
- Betasil Plasters** (betamethasone (as valerate) 2.25mg)
- Locoid Crelo** (hydrocortisone butyrate 0.1%)
- Beclometasone Dipropionate 0.025%**

DO NOT USE ON

#### With antibacterial

- <sup>1</sup> **Fucibet** (betamethasone (as valerate) 0.1%, fusidic acid 2%)
- <sup>1</sup> **Synalar C** (fluocinolone acetonide 0.025%, clioquinol 3%)
- <sup>1</sup> **Synalar N** (fluocinolone acetonide 0.025%, neomycin sulfate 0.5%)

#### With antibacterial

- Betnovate-N** (betamethasone (as valerate) 0.1%, neomycin sulfate 0.5%)
- Betnovate-C** (betamethasone (as valerate) 0.1%, clioquinol 3%)
- Aureocort** (triamcinolone acetonide 0.1%, chlortetracycline hydrochloride 3%)

DO NOT USE ON

- Face
- Groins
- Armpits
- Genitals
- Children without expert opinion

#### With salicylic acid

- <sup>1</sup> **Diprosalic** (betamethasone (as dipropionate) 0.05%, salicylic acid 3%)

#### With Vitamin D (for use in psoriasis only)

- <sup>2</sup> **Dovobet** (betamethasone 0.05% (as dipropionate), calcipotriol 50 mcgs/g)

#### With antifungal

- Lotriderm** (betamethasone dipropionate 0.064%, clotrimazole 1%)

### Moderate

- <sup>1</sup> **Eumovate** (clobetasone butyrate 0.05%)
- <sup>2</sup> **Modrasone** (alclometasone dipropionate 0.05%)
- <sup>2</sup> **Betnovate RD** (betamethasone (as valerate) 0.025%)
- <sup>2</sup> **Haelan Tape** (impregnated with fludrocortide 14mcg/cm<sup>2</sup>)

- Haelan** (fludrocortide 0.0125%)
- Synalar 1 in 4 Dilution** (fluocinolone acetonide 0.00625%)
- Ultralanum Plain** (fluocortolone caproate 0.25%, fluocortolone pivalate 0.25%)

#### With antifungal & antibacterial

- <sup>1</sup> **Trimovate** (clobetasone butyrate 0.05%, oxytetracycline 3%, nystatin 100 000units/g)

DO NOT USE ON

#### With urea

- <sup>1</sup> **Alphaderm** (hydrocortisone 1%, urea 10%)
- Hydromol Intensive HC** (hydrocortisone 1%, urea 10%)
- Calmurid HC** (hydrocortisone 1%, urea 10%, lactic acid 5%)

• Eyelids

### Mild

- <sup>1</sup> **Hydrocortisone 0.5%**
- <sup>1</sup> **Hydrocortisone 1%**
- <sup>2</sup> **Synalar 1 in 10 Dilution** (fluocinolone acetonide 0.0025%)

- Hydrocortisone 2.5%**
- Efcortelan** (hydrocortisone 0.5%)
- Mildison** (hydrocortisone 1%)
- Dioderm** (hydrocortisone 0.1% formulation comparable with hydrocortisone 1%)

#### With topical local anaesthetic & antipruritic

- <sup>1</sup> **Eurax-Hydrocortisone** (hydrocortisone 0.25%, crotamiton 10%)

#### With antifungal

- Nystaform-HC** (hydrocortisone 0.5%, nystatin 100 000 units/g, chlorhexidine 1%)
- Econacort** (hydrocortisone 1%, econazole nitrate 1%)

#### With antifungal

- <sup>1</sup> **Timodine** (hydrocortisone 0.5%, nystatin 100,000 units/g, benzalkonium chloride solution 0.2%)
- <sup>1</sup> **Canesten HC** (hydrocortisone 1%, clotrimazole 1%)
- <sup>1</sup> **Daktacort** (hydrocortisone 1%, miconazole nitrate 2%)

#### With antibacterial

- Fucidin H** (hydrocortisone acetate 1%, fusidic acid 2%)
- Terra-Cortril** Contraindicated in pregnancy, lactation, infants & small children (hydrocortisone 1%, oxytetracycline 3%)

#### With tar (for use in psoriasis only)

- Alphosyl HC** (alcoholic coal tar extract 5%, hydrocortisone 0.5%, allantoin 2%)

ECZEMA EXPERT - STEP 3 Reduce Redness, Soreness & Itch (Inflammation)